# KBCUPDATE

Newsletter 08/08/2017
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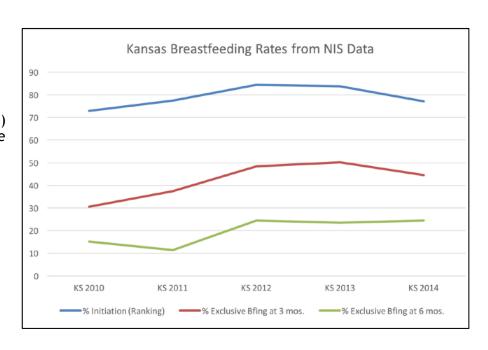
Kansas
Breastfeeding
Coalition, Inc.

Kansas Breastfeeding Coalition, Inc. www.ksbreastfeeding.org

### New Breastfeeding Data released August 1st.

The CDC recently released breastfeeding data from the latest National Immunization Survey (NIS) for babies born in 2014.

Please keep in mind that state sample sizes are small (231 in Kansas) so state data confidence intervals are wide (6-7% for KS). While some changes at the state level appear to be large, up or down, none of the changes from last year are statistically significant. Also, keep in mind that these are rates for babies born in 2014, so more recent work in improving support for breastfeeding will not be reflected in these new estimates. Visit this link for more details: https://www.cdc.gov/ breastfeeding/data/nis\_data/ratesany-exclusive-bf-state-2014.htm



**Call to Action** -We must continue building communities supportive of breastfeeding across all sectors, strengthening collaborations and finding new partners.

	% Initiation (Ranking)	% Bfing at 6 mos. (Ranking)	% Bfing at 12 mos. (Ranking)	% Exclusive Bfing at 3 mos. (Ranking)	% Exclusive Bfing at 6 mos. (Ranking)
National 2014	82.5	55.3	33.7	46.6	24.9
KS 2014	77.1 (38 <sup>th</sup> )	50.7 (37 <sup>th</sup> )	31.0 (32 <sup>nd</sup> )	44.5 (29 <sup>th</sup> )	24.5 (27 <sup>th</sup> )
KS 2013	83.8 (20 <sup>th</sup> )	50.7 (32 <sup>nd</sup> )	32.4 (24 <sup>th</sup> )	50.2 (17 <sup>th</sup> )	23.4 (27 <sup>th</sup> )
KS 2012	84.4 (14 <sup>th</sup> )	51.7 (26 <sup>th</sup> )	23.1 (37 <sup>th</sup> )	48.4 (16 <sup>th</sup> )	24.5 (14 <sup>th</sup> )
KS 2011	77.4	40.3	22.5	37.4	11.4
KS 2010	72.9	41.8	27.3	30.5	15.1

KBC **Mission:** To improve the health and well-being of Kansans by working collaboratively to promote, protect and support breastfeeding.

KBC **Vision:** Breastfeeding is normal and supported throughout Kansas.

## Six Kansas Hospitals Receive Support to Achieve Baby-Friendly Designation

Six Kansas sites are receiving grants to facilitate attainment of Baby-Friendly designation, the gold standard of breastfeeding support for hospitals. The Baby-Friendly Hospital Initiative encourages and recognizes hospitals and birthing centers offering an optimal level of care for infant feeding and bonding between mother and baby. For mothers, delivery at a Baby-Friendly hospital means they will have the information, confidence, and skills to initiate and maintain breastfeeding.

Hospitals receiving the grants of \$25,000 each are Hays Medical Center; Lawrence Memorial Hospital; Pratt Regional Medical Center; Ransom Memorial Hospital, Ottawa; Saint Luke's South Hospital, Overland Park; and Salina Regional Health Center. The project is funded by the United Methodist Health Ministry Fund and the Kansas Department of Health and Environment (KDHE) Bureau of Family Health, with support from the Title V Maternal & Child Health Block Grant 1.

Stay in the know by connecting with the KBC via social media:



Twitter: <a>@KSBreastfeeding</a>

Facebook:



Kansas Breastfeeding Coalition

Website: www.ksbreastfeeding.org

If you like using social media and would like to be part of our communications team, e-mail bbandy@ksbreastfeeding.org

Please Join Us at the Next KBC Meeting:

Friday, August 11, 2017 11:00am - 1:00 pm

Shawnee County Health Department Training Room A

2600 SW East Circle Drive, Topeka KS

\*\*\* Please park across the street (MacVicar) to the east in the employee parking lot and use the pedestrian crossing light.

Via telephone: Dial 1-866-620-7326 and when prompted enter PIN 976-312-8812#

### **National Breastfeeding Month**

On August 6, 2011, the United States Breastfeeding Committee officially declared that August is National Breastfeeding Month.

In recognition of National Breastfeeding Month (NBM), each year the USBC hosts a social media advocacy and/or outreach campaign inviting breastfeeding coalitions, member/partner organizations, and individual supporters to join online actions and conversations to build support for the policy and practice changes needed to build a "landscape of breastfeeding support."

### #NBM17 Theme

This year's National Breastfeeding Month theme—Charting the Course Together—will focus on how we can use data and measurement to build and reinforce the connections between breastfeeding and a broad spectrum of other health topics and initiatives. Visit <u>usbreastfeeding.org</u> for more information.

### Help the KBC by joining the Nominations Committee!

As we look ahead to next year, we begin the process of building a slate of nominees for the 2018 KBC Board of Directors. We are seeking 2 or 3 KBC members to join a short-term committee to help with the nominations process. The time commitment is minimal for the value of this work -- only a few meetings via phone and some email correspondence over the next several months. Please contact Michelle Sanders at <a href="wellspringlactation@gmail.com">wellspringlactation@gmail.com</a> or 913.231.3834 no later than August 31st if you are interested in participating in this important committee.

CAPPA Community Lactation Educator Training LE©, August 17 - August 18, Hosted by Neosho County Health Department. Registration closed 7/25. Contact Stephanie Henry at mshenry@winexus.net to inquire if space is available

### **Building Local Breastfeeding Coalitions Quarterly Call**

Looking for support and ideas for your local breastfeeding coalition? Thinking of starting a local breastfeeding coalition? Join us for the next "Building Local Breastfeeding Coalitions" conference call on August 18th from 9-10 am. Dial in 1-866-620-7326 PIN 976-312-8812.

"Breastfeeding: Baby's Natural Choice Conference", August 23, 2017, Omaha NE. Details at http://www.olsoncenter.com/resources/breastfeeding-conferences

**Certified Lactation Counselor course** - Oct. 30- Nov. 3, Manhattan. Registration information at <a href="http://ksbreastfeeding.org/wp-content/uploads/2017/01/CLC-flyer.pdf">http://ksbreastfeeding.org/wp-content/uploads/2017/01/CLC-flyer.pdf</a>

Postpartum Depression (PPD) Workshop presented by the Pregnancy and Postpartum Resource Center, Thursday, August 31, 12:30 - 5:30 at Saline County Health Department, Room A. View the documentary *The Dark Side of the Full Moon*, learn signs and symptoms of PPD and discuss tips for starting the conversation, how to screen and 9 Steps to Wellness. This presentation will also be offered this fall and winter in Atchison (Sept. 29), Great Bend (October 6), Garden City January 18), and Stockton. Contact Martha Hagen

Martha. Hagen@ks.gov for information about attended these events.

You won't want to miss the annual **"Kansas Breastfeeding Coalition Conference"** on Oct. 13<sup>th</sup> in Wichita. This is a fun-filled day of networking and learning. Details and registration will be coming soon!

## Breastfeeding 101 + Workplace Law & Support

"Breastfeeding 101" + Workplace Law & Support full-day trainings will be held in five locations. This FREE 6-hour breastfeeding education event will cover the following:

- The Wide Range of Normal in the Breastfed Baby (2 hrs.)
- The Art of the Latch: Assessing and Teaching mothers (1.5 hrs)
- Stemming the Flow...of Formula (1 hr.)
- Workplace Law & Support for Breastfeeding Employees (1.5 hrs., no CEUs)
- 4.5 Hours of FREE CEUs will be provided for RNs and RDs. Anyone who supports families is welcome. Come for all or part of the day. To register, please contact the person listed for the date and location you wish to attend.

Date	Location	Address	Contact Person
Sept. 15 <sup>th</sup>	Wichita	Via Christi Hospital St. Joseph; McNamara Center (3rd Floor, Rm. 3062) 3600 E. Harry Wichita, Kansas	Megan Bayer Megan@BCofICT.com
Sept. 22nd	Quinter	Gove County Medical Center 520 W 5th St, Quinter, KS 67752	Wendy Schmidt wschmidt@govecountymedicalcenter.org
Sept. 28 <sup>th</sup>	Garden City	St. Catherine Hospital 401 E Spruce St, Garden City, KS 67846	Janet Colson M.JanetColson@centura.org
Oct. 20 <sup>th</sup>	Kansas City	Wyandotte County Health Department 619 Ann Ave, Kansas City, KS 66101	Ashley Hart <u>ahart@wycokck.org</u>
Dec. 1 <sup>st</sup>	Parsons	Labette Health 1902 US-59, Parsons, KS 67357	Stephanie Henry breastfeeding@cableone.net



### Check out these numbers!

The Kansas Breastfeeding Coalition continually works to promote breastfeeding.

The <u>Breastfeeding Welcome Here</u> program has 706 participants.

Kansas families can access 251 <u>local</u> <u>resources</u> from our website!





If you know of an employer who supports their breastfeeding employees, please provide their name and contact information to Brenda Bandy, bbandy@ksbreastfeeding.org.

## Congratulations to the latest Breastfeeding Employee Support Award Winners

#### GOLD:

Affinis Corp. Overland Park

**Butler County** 

Crawford County Health Department

Heartland Family Connections, Wichita

Linn County

Lowen Corporation, Hutchinson

Murfin Drilling Co., Wichita

Ransom Memorial Hospital, Ottawa

Rice County Health Department

#### SILVER:

Boomer Consulting, Manhattan

Boys & Girls Club, Manhattan

Delta Dental of Kansas, Wichita

The Family Resource Center, Pittsburg

Head First Salon, Wamego

K-State Career Center, Manhattan

Names and Numbers, Pittsburg

Prairie Star Health Center, Hutchinson

Riggs Chiropractic, Pittsburg

Songbird Juice Co., Wichita

#### **BRONZE:**

Budde Enterprises, Hutchinson

The Corner on Main, Garden City

Cox Machine, Newton

Curo Management, Wichita

Fun Services, Shawnee

Girard Public Library, Girard,

Hanston State Bank, Hanston

HRockette Employer Solutions,

Augusta

Penwell-Gabel Cremation, Funerals &

Receptions, Topeka

Prairie Dunes Country Club,

Hutchinson

Rice County District Hospital, Lyons

SCTelcom, Medicine Lodge

Sweet Cheek Babies, Wichita

WorkSafe Physical Therapy, Wichita

## Congratulations to Thomas County - the newest "Community Supporting Breastfeeding"

Thomas County became the 18<sup>th</sup> "Community Supporting Breastfeeding" in Kansas in July. Congratulations to Genevieve Ohlrogge, the Local Community Coordinator for the KBC and the Thomas County Breastfeeding Coalition for working hard over the past year to ensure Thomas County met the six criteria for the CSB designation.



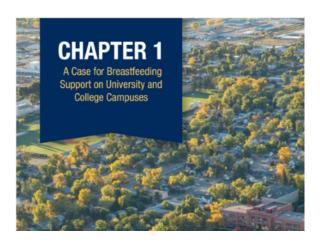


Genevieve Ohlrogge, Local Community Coordinator for Thomas County, display her "Community Supporting Breastfeeding" spirit AND the Big Pink Tent at the Thomas County Fair.





A Big Pink Tent! Families in northwest Kansas in need of a private space to nurse need look no further than the BIG pink tent. The Northwest KS Breastfeeding Coalition used grant funding from United Methodist Health Ministry Fund to purchase a tent for use in NW KS. The tent will be used primarily at county fairs but is available for any event that draws families. The tent can be checked out using an online Google calendar managed by the Thomas County Health Department. Contact Kendra Glassman at <a href="mailto:receptionist@thomascohealth.com">receptionist@thomascohealth.com</a> for more information.



NEW "Toolkit for Establishing Breastfeeding Support on University and College Campuses" from Colorado http://www.kansasbusinesscase.com/ sites/default/files/ Breastfeeding%20Support%20on%20Colleg e%20Campuses%20Toolkit.pdf

### Sister-to-Sister, Let's Talk Breastfeeding

Outreach by and for Black moms
The mission of Black Mothers Breastfeeding
Association's (BMBFA) is to help reduce
racial inequities in breastfeeding support
for African Americans. This tear pad

for African Americans. This tear pad developed with BMBFA features African-American moms and answers common questions.

Two-sided sheet measures  $8\frac{1}{2} \times 11^{\circ}$  with 50 sheets per pad.

Available Bilingual #1536 Sold in pads of 50 sheets each





Germs can grow quickly in breast milk or breast milk residue that remains on pump parts. This free two-sided fact sheet outlines steps to keep your breast pump clean and help protect your baby from these germs.

www.cdc.gov/healthywater/hygiene/ healthychildcare/infantfeeding/ breastpump.html

## **Breastfeeding Friendly Child Care Designation**



Provide the "Breastfeeding Friendly Child Care Provider" designation - promotional flyer to your\_county child care licensing surveyor and ask them to send it out to child care providers in your area encouraging them to apply.

## Kansas Breastfeeding Friendly Practice Designation

Take the "Breastfeeding Friendly Physician's Practice" designation promotional flyer to area doctor's offices and encourage them to contact the Kansas Chapter of the AAP to enroll. The KAAP does the rest! They provide a FREE 1-hr lunch-and-learn with CMEs. Local coalitions are invited to introduce themselves at the end of the lunch.



### Stop by and say "Hi!". The KBC will have a display and/or presentation at:

Working Well Conference, August 22<sup>nd</sup>, Wichita

League of Kansas Municipalities, Sept. 17-18, Wichita

Society for Human Resource Management, Sept. 20-21, Overland Park

Kansas Public Health Association conference, Oct. 10-11th, Manhattan

Governor's Conference for the Prevention of Child Abuse and Neglect, November 2-3, Topeka

See how your county stacks up! Check out the KBC's listing of 12 indicators of breastfeeding support by county. See how your county compares to counties of similar size, demographics or geographic region. If your county's information is not accurate, please let the KBC know by emailing Brenda Bandy at bbandy@ksbreastfeeding.org.