

PRENATAL EDUCATION – ACHIEVABLE MARKERS & STATUS DESCRIPTORS

Achievable Markers

<u>AFFILIATED PRENATAL CLINIC OR SERVICES</u>	<u>IN-HOUSE BREASTFEEDING EDUCATION</u>	<u>COORDINATION WITH COMMUNITY-BASED PROGRAMS AND PROVIDERS</u>
<p>Starting in the first trimester and continuing throughout pregnancy, whenever possible, education about breastfeeding, including individual counseling, is provided to pregnant women for whom the facility/associated clinics provide care, with content to cover topics stated below.</p>	<p>Group breastfeeding education classes are offered at various days and times, in needed languages to match local demographics, with content to cover topics stated below.</p>	<p>Community-based programs are fostered, and messages are coordinated with these programs and with providers in the community, to align with content topics stated below.</p>
<p>Prenatal education content in each area should include the following:</p> <ul style="list-style-type: none"> ➤ importance of exclusive breastfeeding for first six months (and risks of supplementation) ➤ non-pharmacologic pain relief methods for labor ➤ importance of early skin-to-skin contact ➤ early initiation of breastfeeding ➤ rooming-in on a 24-hour basis ➤ feeding on demand/cue or baby-led feeding ➤ frequent feeding to help assure optimal milk production ➤ effective positioning and attachment ➤ that breastfeeding continues to be important after six months, once solid foods have started ➤ documented contraindications to breastfeeding and other special medical conditions, when individually indicated <p>The following may also be encouraged, in each area:</p> <ul style="list-style-type: none"> ➤ participation in breastfeeding support groups during pregnancy ➤ attendance in classes, counseling, or support groups by family members/support persons 		

Status Descriptors

CHOOSE THE STATUS DESCRIPTOR THAT BEST DESCRIBE THE HOSPITAL'S CURRENT PROCEDURES & PRACTICES ON PRENATAL EDUCATION FOR EACH AREA:

1	Prenatal education needs not being met
2	Prenatal education needs partially being met
3	Prenatal education needs mostly being met
4	Prenatal education needs fully being met

Affiliated Prenatal Clinic or Services (if applicable)

1	No prenatal education provided at appointments.
2	Prenatal education provided at some appointments, content lacks consistency or doesn't cover all topics, prenatal education not started in first trimester or delivered throughout the course of pregnancy.
3	Prenatal education provided starting in first trimester and continuing throughout pregnancy, content is consistent and comprehensive, but these procedures may not be universally applied.
4	Every mother receives prenatal education starting in first trimester and continuing throughout pregnancy, content is consistent and comprehensive, breastfeeding support group attendance is encouraged during pregnancy, as well as family member/support person attendance in classes, counseling, or support groups.

In-House Breastfeeding Education

1	Childbirth education classes do not cover breastfeeding, no breastfeeding-specific classes offered.
2	Childbirth education classes cover breastfeeding but no breastfeeding-specific classes offered, content lacks consistency or doesn't cover all topics, classes offered only in one language and/or not offered with varied days/times.
3	Childbirth education classes cover breastfeeding and breastfeeding specific classes are offered, content is consistent and comprehensive, but classes are not offered in all needed languages or with varied days/times.
4	Childbirth education classes cover breastfeeding and breastfeeding specific classes are offered, content is consistent and comprehensive, classes are offered in all needed languages and with varied days/times, breastfeeding support group attendance is encouraged during pregnancy, as well as family member/support person attendance in classes, counseling, or support groups.

Coordination with Community-Based Programs and Providers

1	Hospital has no connections with community-based prenatal education programs or providers.
2	Hospital has some or weak connections with community-based prenatal education programs or providers, but little to no coordination of messaging to ensure alignment with listed topics.
3	Hospital has some or moderate connections with community-based prenatal education programs and providers, some coordination of messaging to ensure alignment with some listed topics.
4	Hospital has many strong connections with community-based prenatal education programs and providers, robust coordination of messaging to ensure alignment with all listed topics, breastfeeding support group attendance is encouraged during pregnancy, as well as family member/support person attendance in classes, counseling, or support groups.