

Breastfeeding-Friendly Books & Toys

Providing children with books and toys that include breastfeeding let children know breastfeeding is normal. This is an important way to support breastfeeding.

Books:

Babies Nurse (2018) by Phoebe Fox- focuses on mammals (*available in Spanish*)
The Best Gifts (2013) by Marsha Forchuk Skrypuck
Best Milk (2010) by Kate Carothers (*available in Latinx, African American, or White versions*)
Breastmilk Makes My Tummy Yummy (1999) by Cecilia Moen
Happy Birth Day! (1996) by Robie Harris
I'm Made of Mama's Milk (2003) by Mary Olsen
In the Neighborhood (Look What I See! Where Can I Be?) (2005) by Dia Michels
Mama's Leche (2016) by Michelle Hackney (*available in Spanish*)
Mama's Milk (2007) by Michael Elsohn Ross (*available in Spanish*)
Mama, Who Drinks Milk Like Me? (2019) by Melissa Panter
Mammal Mama ABC's by Melissa Panter
Milky Moments (2015) by Ellie Stonely
Mommy Breastfeeds my Baby Brother (2009) by Mark Repkin
Mommy Feeds Baby (2011) by Christy Jo Hendricks
My New Baby (2009) by Rachel Fuller (board book)
Nursies When the Sun Shines (2013) by Katherine Havener (*available in Spanish*)
The Mystery of the Breast (2012) by Victoriade Abotitz
Ready to Wean/ Listo Para Destetar (2014) by Elyse April (*available in Spanish*)
Supermom (2001) by Mick Manning
We Have a Baby (1999) by Cathryn Falwell (*available in Spanish*)
We Like to Nurse (2016) by Chia Martin (*available in Spanish*) (board book)
We Like to Nurse Too (2009) by Mary Young (*available in Spanish*)
What Baby Needs (2001) by William & Martha Sears, Christie Watts Kelly
What Does Baby Want? (2017) by Tupera Tupera (board book)
The Wonders of Mother's Milk (2005) by Mishawn Purnell-O'Neal
You, Me and The Breast (2012) by Monica Calaf

Toys:

Dolls without bottles

Nursing Nina Cat, Nana Dog, Nissa Hedgehog & Nuna Pig (*Manhattan Toy Company*)

Coloring books –

- **Breastfeeding is Special**
- **Mama, Who Drink Milk Like Me? Mommy & Me Coloring book** (*Melissa Panter.com*)
- **Mom is Breastfeeding** (*Noodle Soup Company*)