



Breastfeeding Education Courses

“Everyone can help make breastfeeding easier”

The Kansas Breastfeeding Coalition, in partnership with the Institute for the Advancement of Breastfeeding & Lactation Education (IABLE), offers two breastfeeding courses: Breastfeeding Basics and Beyond the Basics.

- Open to everyone—from the new home visitor to the breastfeeding peer counselor, and the experienced hospital-based lactation consultant.
- Convenient locations across Kansas
- Short time commitment—each course only 1 day
- Communication skills emphasized
- Instructors from Kansas
- Registration fee (\$110/course) includes:
 - 6.25 nursing contact hours as approved by the University of Kansas Health System
 - 6.5 (L) Continuing Education Recognition Points (CERPs), Approval # CLT117-04
 - 7.5 continuing education clock hours for Kansas licensed dietitians
- IABLE & KBC memberships

Breastfeeding Basics

Agenda & Content:

8:00-8:30 am	<i>Registration</i>
8:30-8:45 am	Introductions
8:45-10:15 am	Session 1—Core Basics: Risks of not Breastfeeding, Anatomy & Physiology, Positioning & Latch, Defining a feeding and Night Time Feeding
10:15-10:30 am	<i>Break</i>
10:30-11:45 am	Session 2—Getting off to a great start with breastfeeding right after birth, support of the breastfeeding dyad during the first week, managing early cracked nipples, pacifiers, engorgement
11:45 am-12:45 pm	<i>Lunch (on your own)</i>
12:45-2:00 pm	Session 3—Case-Based Learning: Breastfeeding Challenges During the First 2 Weeks Postpartum
2:00-2:15 pm	<i>Break</i>
2:15-3:15 pm	Session 4—Infant Latch Difficulties
3:15-4:15 pm	Session 5—Milk expression, storage, returning to work
4:15-4:45 pm	Session 6—Complementary foods, weaning
4:45-5:00 pm	<i>Evaluations & Closing</i>

Date: August 24, 2020

Location: Online

Registration: <https://lacted.org/product/pratt202008/>

Visit: <http://ksbreastfeeding.org/our-work/breastfeeding-education-courses/> for details.



For more information, contact Brenda Bandy at bbandy@ksbreastfeeding.org or ksbreastfeeding.org