

General Meeting

June 12, 2020



Welcome!

Please enter your name and city in the "Chat" box"

This meeting is being recorded.

KBC Mission: To improve the health and wellbeing of Kansans by working collaboratively to promote, protect and support breastfeeding.

KBC Vision: Breastfeeding is normal and supported throughout Kansas.



Approval of Past Minutes Additions to the Agenda





COVID-19 & Breastfeeding



COVID-19 & Breastfeeding Recommendations:For parents with symptoms of or confirmed COVID-19

In the Hospital:

- Organizations recommending mother and infant to <u>remain together</u> with enhanced precautions in place:
 - WHO, SOGC, Canadian Paediatric Society, RCOG, Royal Australian and New Zealand College of Obstetricians and Gynaecologists.
- Organizations strongly encouraging <u>temporary separation</u>:
 - CDC & AAP

<u>ALL agree</u> the decision to separate should be made on a **case-by-case basis**, using shared decision-making



COVID-19 & Breastfeeding Recommendations:For parents with symptoms of or confirmed COVID-19

At Home:

- Wash hands before touching baby
- Wear a cloth face covering, if possible, while feeding
- Wash hands before touching breast pump or bottle parts and clean all parts after each use
- Baby should be considered as having suspected COVID-19.
 Notify baby's healthcare provider.

"...lack of evidence to support [...] cleansing the breast prior to breastfeeding or milk expression, or disinfecting external surfaces of milk collection devices (e.g., bottles, milk bags), as steps to reduce potential transmission of SARS-CoV-2."





Women with COVID-19 can breastfeed if they wish to do so. They should:



Practice respiratory hygiene and wear a mask



Wash hands before and after touching the baby



Routinely clean and disinfect surfaces



#COVID19 #CORONAVIRUS

If a women with COVID-19 is too unwell to breastfeed, she can be supported to safely provide her baby with breastmilk in other ways, including by:



Expressing milk



Relactation



Donor human milk



COVID-19 & Breastfeeding: Sharing

- Hospital practices
- WIC
- Home Visitors



COVID-19: KBC Resources

➤ Webpage:

http://ksbreastfeeding.org/resources/information-and-resources-for-covid-19-and-breastfeeding/

- **≻**Hotlines
- ➤ Online prenatal education
- ➤ Section Meetings



COVID-19: KBC Response & Support

- ➤ In-person classes rescheduled
- Listening Tour postponed
- ➤ Providing GoToMeeting support to local breastfeeding coalitions

What do you need?





Member Section Updates



KBC Child Care Section

 Creating a social media message on how child care programs can support breastfeeding families during COVID-19.



Kris Nicholson, Chair

- Work continues on integrating breastfeeding information into community college Early Childhood Care & Education curriculum.
- Working on Breastfeeding Friendly Child Care Provider Toolkit, using the Alaska Toolkit as a template.

Meetings from 12-1 PM on 2nd Wed. of odd # months



KBC Hospital Section

- New Chair Dana Deters
- Hospital Spotlight AdventHealth Shawnee Mission.
- Latest recommendation for COVID-19 and breastfeeding including



- Handling breast milk when mother and infant are separated
- Baby-Friendly Hospital update
- Meetings from 12-1 PM on 4th Tues. of odd # months



Dana Deters, Chair



KBC Local Coalitions Section

- The Local BF Coalitions section last met on Thursday May 14th, with 13 of us on the call.
- Gwen Whittit, Program Coordinator for the High 5 for Mom & Baby told us about "High 5 for Mom & Baby Premier" which will be launching in June.
- We also discussed how COVID-19 is affecting each of our local BF Coalitions.
- We reviewed our Section Goals and will touch on them again at next meeting.
- Finally we talked about reviewing and updating "Breastfeeding Welcome Here" businesses and lists on the KBC website
- Meetings from 12-1 PM on the 2^{nd} Thurs. of odd # months (July 9^{th})



Susan Lukwago, Chair



KBC Public Health Section

 Section Project – best use of the information in the KBC's <u>Breastfeeding Support by Kansas County</u> spreadsheet to help counties take meaningful action to improve breastfeeding support.



Danielle Ast, Chair Danielle.ast@wichita.edu

- Learning Moments
 - Becoming a Mom Program
 - Early Head Start Programs
 - Parents as Teaches (June 12th mtg.)
- Meetings from 11-12 AM on the 2nd Thurs. of even # months



New KBC Workgroup – Community Supporting Breastfeeding: The Next Steps



GOAL: To determine "next steps" for CSB communities to build on what they started

WHO: Individuals from current CSB communities

WHEN: Monthly beginning in August for 6-9 months



Breastfeeding Education Courses

Breastfeeding Basics:

- Aug. 13, Parsons
- Aug. 24, Liberal
- Aug. 27, Pratt

Beyond the Basics:

- Aug. 14, Parsons
- Aug. 28, Pratt
- •Jan. 29, 2021, Emporia







2020 Breastfeeding Conference October 29 & 30 Wichita, KS

Register for one or BOTH days

DAY 1
Hot Topics
in Lactation

\$110 Registration Fee Continuing education credits will be provided for nurses, dietitians and lactation consultants.

DAY 2
Coalition Day
Registration is FREE

Save the dates! Registration will open soon.

Put your education dollars to good use! Your registration supports the Kansas Breastfeeding Coalition, a nonprofit organization that works tirelessly to:

- Provide you with the tools you need to support families in your community
- Integrate breastfeeding support into the landscape of Kansas
- Advocate for breastfeeding families

Partial funding for this conference is provided by Kansas WIC and Kansas Department of Health and Environment's Bureau of Family Health



Get Social with the KBC!



KSBreastfeeding – *NEW on Instagram!!*



@KSBreastfeeding



KSBreastfeeding

