

Donating Breast Milk in Kansas

Parents with a surplus of breastmilk or who are seeking breast milk have several options:

1. Milk banks - safe processing and dispensing to babies in need. [Donating breastmilk FAQ](#) (Mother's Milk Bank). Currently there are two milk bank options for U.S. mothers donating breastmilk:
 - [Human Milk Bank Association of North America](#) (HMBANA) – a non-profit organization. Donors are not paid for their breastmilk
 - [Prolacta](#) – a for-profit business. Donors are either paid or Prolacta makes a charitable contribution on their behalf.
2. Connect with other families who are looking for breast milk through these credible social media sites. Please follow guidelines on peer milk sharing outlined here - [Informal Milk Sharing Guidelines](#) to reduce risks from using donor milk through careful screening of the donor and home pasteurization.
 - Human Milk 4 Human Babies - <https://www.facebook.com/HM4HBKS/>
 - Eat on Feets - <https://www.facebook.com/EOFKansas/>

What is the different between a “*milk bank*” and a “*milk depot*”?

A **milk bank** collects, processes and dispenses donor human milk. Milk banks will pay for the packaging and shipping of donor milk for mothers who have been approved as a donor.

Milk banks in/near Kansas:

- [Saint Luke's Hospital](#), Kansas City, MO
(816) 932-4888
- [Mother's Milk Bank](#), Rocky Mountain Children's Health Foundation, Arvada, CO
(303) 869-1888

A **milk depot** is a controlled collection point where women can donate their breast milk. The depots listed below support the Mothers' Milk Bank in Colorado or the Saint Luke's Hospital milk bank. Mothers are connected with the milk banks who provides the necessary screening and local blood testing at no cost to mom. Moms who have been screened drop their frozen donor milk at the depot where it is temporarily stored in a deep freezer and soon shipped to the Mothers' Milk Bank for processing. Depots save local mothers the time of packaging and shipping their donor milk.

Human Milk Depots in Kansas:

- Flint Hills Milk Depot – Manhattan, KS. For more information, contact Cathy Jones, Riley County WIC Breastfeeding Coordinator at 785-776-4779 ext. 7659
- [Hays Medical Center](#) - Hays, KS
- [St. Catherine Hospital – Centura Health](#) - Garden City, KS
- [Via Christi Hospital](#) - Wichita, KS