Breastfeeding-Friendly Books & Toys

Providing children with books and toys that include breastfeeding let children know breastfeeding is normal. This is an important way to support breastfeeding.

**Books:**

- *Babies Nurse* (2018) by Phoebe Fox- focuses on mammals (*available in Spanish*)
- *The Best Gifts* (2013) by Marsha Forchuk Skrypuck
- *Best Milk* (2010) by Kate Carothers (*available in Latinx, African American, or White versions*)
- *Emily’s Great Adventure* (2020) by Samantha Callen
- *Happy Birth Day!* (1996) by Robie Harris
- *I’m Made of Mama’s Milk* (2003) by Mary Olsen
- *In the Neighborhood (Look What I See! Where Can I Be?)* (2005) by Dia Michels
- *Mama’s Leche* (2016) by Michelle Hackney (*available in Spanish*)
- *Mammal Mama ABC’s* by Melissa Panter
- *Mommy Breastfeeds my Baby Brother* (2009) by Mark Repkin
- *Mommy Feeds Baby* (2011) by Christy Jo Hendricks
- *Nursies When the Sun Shines* (2013) by Katherine Havener (*available in Spanish*)
- *Ready to Wean/ Listo Para Destetar* (2014) by Elyse April (*available in Spanish*)
- *Supermom* (2001) by Mick Manning
- *We Have a Baby* (1999) by Cathryn Falwell (*available in Spanish*)
- *We Like to Nurse* (2016) by Chia Martin (*available in Spanish*) (board book)
- *We Like to Nurse Too* (2009) by Mary Young (*available in Spanish*)
- *The Wonders of Mother’s Milk* (2005) by Mishawn Purnell-O’Neal
- *You, Me and The Breast* (2012) by Monica Calaf

**Toys:**

- Dolls without bottles
- *Nursing Nina Cat, Nana Dog, Nissa Hedgehog & Nuna Pig* (*Manhattan Toy Company*)
- Coloring books –
  - Breastfeeding is Special
  - Mom is Breastfeeding (*Noodle Soup Company*)

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