

## Breastfeeding-Friendly Books & Toys

*Providing children with books and toys that include breastfeeding let children know breastfeeding is normal. This is an important way to support breastfeeding.*

### **Books:**

**Babies Nurse** (2018) by Phoebe Fox- focuses on mammals (*available in Spanish*)  
**The Best Gifts** (2013) by Marsha Forchuk Skrypuck  
**Best Milk** (2010) by Kate Carothers (*available in Latinx, African American, or White versions*)  
**Breastmilk Makes My Tummy Yummy** (1999) by Cecilia Moen  
**Emily's Great Adventure** (2020) by Samantha Callen  
**Happy Birth Day!** (1996) by Robie Harris  
**I'm Made of Mama's Milk** (2003) by Mary Olsen  
**In the Neighborhood (Look What I See! Where Can I Be?)** (2005) by Dia Michels  
**Mama's Leche** (2016) by Michelle Hackney (*available in Spanish*)  
**Mama's Milk** (2007) by Michael Elsohn Ross (*available in Spanish*)  
**Mama, Who Drinks Milk Like Me?** (2019) by Melissa Panter  
**Mammal Mama ABC's** by Melissa Panter  
**Milky Moments** (2015) by Ellie Stonely  
**Mommy Breastfeeds my Baby Brother** (2009) by Mark Repkin  
**Mommy Feeds Baby** (2011) by Christy Jo Hendricks  
**My New Baby** (2009) by Rachel Fuller (board book)  
**Nursies When the Sun Shines** (2013) by Katherine Havener (*available in Spanish*)  
**The Mystery of the Breast** (2012) by Victoriade Abotitz  
**Ready to Wean/ Listo Para Destetar** (2014) by Elyse April (*available in Spanish*)  
**Supermom** (2001) by Mick Manning  
**We Have a Baby** (1999) by Cathryn Falwell (*available in Spanish*)  
**We Like to Nurse** (2016) by Chia Martin (*available in Spanish*) (board book)  
**We Like to Nurse Too** (2009) by Mary Young (*available in Spanish*)  
**What Baby Needs** (2001) by William & Martha Sears, Christie Watts Kelly  
**What Does Baby Want?** (2017) by Tupera Tupera (board book)  
**The Wonders of Mother's Milk** (2005) by Mishawn Purnell-O'Neal  
**You, Me and The Breast** (2012) by Monica Calaf

### **Toys:**

**Dolls without bottles**

**Nursing Nina Cat, Nana Dog, Nissa Hedgehog & Nuna Pig** (*Manhattan Toy Company*)

**Coloring books –**

- **Breastfeeding is Special**
- **Mama, Who Drink Milk Like Me? Mommy & Me Coloring book** (*Melissa Panter.com*)
- **Mom is Breastfeeding** (*Noodle Soup Company*)