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# Understanding Breastfeeding Data Collection Systems

Report submitted to NACCHO by Lactancia Latina En El Suroeste de Kansas (Latina Lactation of Southwest Kansas) and the Kansas Breastfeeding Coalition, Inc.

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#### Table of Contents

Overview	2
Key Findings	
Section 1: Responses	
Section 2: Breastfeeding Data Collection	
Section 3: Data Summaries and Sharing	
Project Partners	
Appendix	5

#### Overview

The Kansas Breastfeeding Coalition, Inc. (KBC) received funding from the National Association of County and City Health Officials' (NACCHO) opportunity entitled *Community Partners Implementing the Blueprint: Continuity of Care in Breastfeeding Support Cohort II.* As part of this funding opportunity, the KBC and Lactancia Latina En El Suroeste de Kansas (LLSWKS) worked to: 1) compile a baseline summary of the availability and accessibility of existing community-level breastfeeding data collection systems and 2) distribute an assessment tool for healthcare organizations to assess their EHR/EMR capabilities to query and collect appropriate breastfeeding data accurately and inclusively.

Wichita State University's Community Engagement Institute (CEI) provided assistance in developing an online survey that was administered to local health departments, hospitals, Federally Qualified Health Centers (FQHCs), physician practices, and others providing services to Latinx families in 19 southwest Kansas counties. The survey was designed to provide a clearer picture of where breastfeeding data are being collected and how accessible the data might be to the community. Community-level breastfeeding data can help determine if rates of breastfeeding are being impacted by interventions and programs to support breastfeeding families in southwest Kansas.

## Key Findings

The survey received a total of 18 responses from individuals representing 14 different organizations in 12 different counties. Key findings include:

- Two-thirds of the organizations that responded to the survey indicated that they collect patient/client breastfeeding data. Half of them reported utilizing an Electronic Health Record/Electronic Medical Record (EHR/EMR) to collect that data.
- Most of the organizations that collect breastfeeding data said they collect data regarding breastfeeding exclusivity (i.e., whether a child is receiving breast milk only and not any other liquids or solids).
- The number of times and at what time points organizations ask
  patients/clients about breastfeeding varies. Those that collect data at only one
  time point are collecting breastfeeding data within the first two weeks
  postpartum. Few organizations appear to be collecting breastfeeding

data after 12 months.

 When asked about their willingness to share their organization's de-identified breastfeeding, no one said they were unwilling to do so. Some indicated their willingness would depend on with whom they were being asked to share the data, but none indicated they would be totally unwilling.



# Section 1: Responses

#### **Promotion**

The survey was promoted via email to 38 contacts at health departments, hospitals, federally qualified health centers (FQHCs), and physician offices located in 19 southwest Kansas counties. Three emails were sent – one in March, one in April, and one in May.

#### Geography

A total of 18 responses were received from 12 different counties. Of the 19 counties included in this southwest region, 10 of those counties had at least one organization respond to the survey. In addition, responses were received from organizations in two other counties – one response from Neosho County and two from Saline County. While these counties are not in the southwest region, their responses are included in the data summarized in this report.

#### **Organizations**

Eleven responses were from health departments (representing seven different health departments), two were from hospitals, two were from nonprofit organizations, and one response was received from each of the following types of organizations: Federally Qualified Health Center, physician office, and WIC agency.

#### **Important Note**

While 18 survey responses were started, not all of the responses were completed. Of the 12 who indicated they collect breastfeeding data, 8 completed the full survey. The other 4 completed portions of the survey, and the data for the items they completed are included in the report (hence the responses adding to 12, then 10, and then 8).

# Section 2: Breastfeeding Data Collection

Of the 18 survey responses received, <u>12 said YES, their organization does collect</u> patient/client breastfeeding data.

Yes 12 No 6

Of the 12 that reported collecting breastfeeding data, half (N=6) indicated that their organization utilizes an Electronic Health Record/Electronic Medical Record (EHR/EMR) to collect the patient/client breastfeeding data.

When asked about breastfeeding exclusivity, <u>most said YES</u>, they do collect data <u>regarding whether a child is breastfed exclusively</u> (i.e., consistent with the definition of exclusive breastfeeding provided by the Joint Commission and meaning the child is receiving only breast milk and no other liquids or solids).

Yes 8 No 2

The survey asked participants to indicate whether they are collecting patient/client breastfeeding data at 10 different time points: 2 to 5 days after birth, 2 weeks after birth, 4 weeks, 6 weeks, 2 months, 4 months, 6 months, 12 months, 18 months, and 24 months.

Four organizations reported collecting breastfeeding data at only one time point.







Those who collect data at only one time point are collecting data within the first two weeks postpartum.

Six respondents reported collecting data at more than one time point. Only two of the six were collecting data after 12 months.













# Section 3: Data Summaries and Sharing

In addition to asking respondents about data collection, the survey also asked about their ability to summarize and export data. Of the 12 that reported collecting patient/client breastfeeding data, 8 completed this final section of the survey:

- 6 of the 8 said they could link parent and infant records
- 5 of the 8 can generate reports summarizing their breastfeeding data
- 4 of the 8 indicated they can export their breastfeeding data (3 said they did not know if this was possible).

When asked if their organization looks at the breastfeeding data they collect, <u>5 of the 8 said YES</u>, their organization routinely reviews their breastfeeding data.

Yes 5 No 2 don't know 1

When asked about whether their organization might be willing to share de-identified breastfeeding data, 3 said yes, they would be willing to share their organization's data. Half (4 of the 8) said it would depend on with whom they were being asked to share the data, and one person said they did not know. No one said they would not be willing to share their organization's de-identified breastfeeding data.

#### Project Partners

- LLSWKS coordinator, Carmen Valverde, oversaw the project and facilitated collaboration among partners. Carmen is a certified doula, Breastfeeding USA peer counselor, and is a Certified Lactation Counselor. Carmen has successfully completed two other breastfeeding projects in SW KS funded by NACCHO.
- KBC Executive Director Brenda Bandy, IBCLC, supported Carmen. Brenda has
  experience conducting community breastfeeding needs assessments and was a
  member of the USBC Continuity of Care for Breastfeeding Constellation.
- Dr. Sarah Jolley with Wichita State University's Community Engagement Institute
  assisted in the survey/interview design and data analysis for this report. She has
  experience co-creating surveys and working with the KBC on other breastfeeding
  needs assessments. Dr. Jolley is the current Treasurer of the KBC Board of
  Directors.

## **Appendix**

Documents to include:

- Survey instrument
- Assessment tool for healthcare organizations





Lactancia Latina of Southwest Kansas, in partnership with the Kansas Breastfeeding Coalition, would like your help to determine the availability and accessibility of breastfeeding data in our region.

This survey is designed to give us a clearer picture of where breastfeeding data are being collected and how accessible the data might be to the community. Community-level breastfeeding data can help determine if rates of breastfeeding are being impacted by interventions and programs to support breastfeeding families in southwest Kansas.

The survey asks about your "organization," which can be any entity providing services to families, including healthcare systems, health departments, and physician offices.

We estimate it will take you approximately 10 minutes to complete this survey. Please feel free to forward this survey to the person(s) in your organization who are the most knowledgeable about your EMR/EHR data collection system. Your responses will be anonymous and reported only in aggregate.

Thank you for taking time to help us improve breastfeeding support in southwest Kansas through the use of quality breastfeeding data!

Carmen Valverde, CLC Lactancia Latina of Southwest Kansas

* 1. Select the county (or counties) in which apply. (Note: These are the counties in which counties your organization serves.)	
☐ Clark	Lane
Finney	☐ Meade
Ford	Morton
Grant	Ness
☐ Gray	Scott
Greely	Seward
☐ Hamilton	Stanton
☐ Haskell	Stevens
☐ Hodgeman	Wichita
☐ Kearney	
Other counties (please specify)	



2. Which of the following best describes your organization?
Federally Qualified Health Center (FQHC)
○ Hospital
O Local Health Department
O Physician or Other Healthcare Provider Practice
Rural Health Clinic
Other (please specify)
* 3. Does your organization collect any patient/client breastfeeding data?
Yes
○ No
* 4. Does your organization utilize an Electronic Health Record/Electronic Medical Record (EHR/EMR) to collect patient/client data?
○ Yes
○ No



5. What EHR/EMR does your organization us	se?
○ Athena	○ IMS Meditab
○ CDP/ezEMRx	○ Insight
○ Cerner	○ Nightingale Notes/Champ
○ CureMD	O Patagonia
Greenway Intergy	
Other (please specify)	
6. Is the patient/client breastfeeding data yo EHR/EMR?	ur organization collects entered into the
○ Yes	
○ No	



7. Not including an EHR/EMR, in what other ways are breastfeeding data being captured? Check all that apply.
Another electronic system (that is not an EHR/EMR)
KIPHS
Paper records/files
Other (please specify)
☐ None of the above
The Joint Commission defines exclusive breast milk feeding as: "a newborn receiving only breast milk and no other liquids or solids except for drops or syrups consisting of vitamins, minerals, or medicines." Breast milk feeding includes expressed mother's milk as well as donor human milk, both of which may be fed to the infant by means other than suckling at the breast. While breastfeeding is the goal for optimal health, it is recognized that human milk provided indirectly is still superior to alternatives.
8. Does the breastfeeding data you collect ask if the child is breastfed exclusively (i.e., receiving only breast milk and no other liquids or solids)?
○ Yes
○ No
○ I don't know

9. At what time points do you collect patient/client breastfeeding data? Select all that apply.
2 to 5 days after birth
2 weeks after birth
4 weeks
6 weeks
2 months
4 months
6 months
12 months
18 months
24 months
Other (please specify)
Some Garden

10. Are you able to link parent and infant records?
○ Yes
○ No
○ I don't know

11. Does your organization routinely review/look at the breastfeeding data you collect?
○ Yes
○ No
O I don't know
12. Are you able to generate reports summarizing the breastfeeding data?
○ Yes
○ No
O I don't know
13. Are you able to export the breastfeeding data?
○ Yes
○ No
O I don't know
14. Would you be willing to share your organization's de-identified breastfeeding data?
○ Yes
○ No
O I don't know
O It depends on with whom



15. Please use this space to say anything additional regarding be collection.	reastfeeding data

Thank you for taking time to help us improve breastfeeding support in southwest Kansas through the use of quality breastfeeding data! Please click DONE below to submit your responses. You will be directed to the Kansas Breastfeeding Coalition's website. Thanks again!



# EHR/EMR Breastfeeding Data Collection Self-Assessment Tool

Exclusive breastfeeding is known to improve maternal and child health. The purpose of this assessment tool is to help organizations to implement an effective, efficient, and complete data capture process for breastfeeding, which can support quality measurement and inform changes in practices to better support breastfeeding/chest feeding families. hospital designation requirements. This self-assessment was created to help organizations to improve breastfeeding data collection and reporting practices.

#### Key goals and objectives:

- Assess EHR/EMR capabilities to query and collect appropriate breastfeeding data
- Assess how accurately breastfeeding data is collected within EHR/EMR
- Assess exclusive breastfeeding data collection within EHR/EMR
- Improve current EHR/EMR breastfeeding data collection practices

Criteria	Response	Considerations
Is the infant's chart connected to the	□ Yes	If no, consider synchronizing the
mother's chart?	□ No	data immediately after the infant's
	☐ Do not know	chart is created. If this is a limitation
		due to software, consider other
Deservation evetors allow		options.
Does your EHR charting system allow	□ Yes	If no, consider adding breastfeeding data collection.
for breastfeeding specific data collection?	□ No	data collection.
Is the mother's intention to breastfeed	☐ Do not know	If we whose consider that is best
documented?	□ Yes	If no, please consider that is best practice to document the mother's
documented?	□ No	intent
And the following propries and accommodate of	☐ Do not know	intent
Are the following practices documented?		
Use of artificial nipples	□ Yes	
	□ No	
lles of tools /i a hottle announ	☐ Do not know	
Use of tools (i.e., bottle, spoon,	□ Yes	
cup, supplemental nursing system, etc.).	□ No	If no, consider adding to your EHR
	☐ Do not know	to assist in evaluating breastfeeding
Observation of a feed	□ Yes	practices
	□ No	
	☐ Do not know	
Latch assessment	□ Yes	
	□ No	
	□ Do not know	
Are the following education opportunities		
Prenatal breastfeeding	□ Yes	
education	□ No	
	□ Do not know	If no, consider adding to your EHR
Postpartum breastfeeding	□ Yes	to assist in evaluating breastfeeding
education	□ No	practices
	□ Do not know	
Use of donor human milk	□ Yes	



		No	
		Do not know	_
Risks, benefits, and indications		Yes	
of infant formula use		No	
		Do not know	
Human milk storage guidelines		Yes	
		No	
		Do not know	
Safe infant formula preparation		Yes	
		No	
		Do not know	
Weaning education		Yes	
		No	
		Do not know	
Prenatal breastfeeding		Yes	
education		No	
		Do not know	
Postpartum breastfeeding		Yes	
education		No	
		Do not know	
Does your EHR software have a		Yes	If no, consider adding a latch
breastfeeding assessment tool, such as		No	assessment tool to your EHR.
LATCH assessment, Infant		Do not know	
Breastfeeding Assessment Tool			
(IBFAT), etc.?			If we are sinder wealth with a want of
Do you undertake chart audits or other		Yes	If no, consider making it a part of
reviews to ensure that feeding methods		No	your practices.
are charted accurately?		Do not know	If any and the first of the second to the se
Are the breastfeeding notes located in a		Yes	If yes, consider charting within other
different location in the chart/record?		No	progress notes, evaluations and
(i.e., Narratives, Progress Notes, etc.)		Do not know	consult reports so that the data is visible to different providers
Does your charting system allow for		Yes	If no, determine the appropriate
breastfeeding specific queries?		No	contact to learn more about
broadtroaming opcome queries:		Do not know	developing queries.
Does the breastfeeding data you collect		Yes	If no, consider adding
include breastfeeding exclusivity?	_	No	documentation opportunities to
include breasticeding exclusivity:			gather data on exclusivity.
Do you document the follow type of refer	rals?	Do not know	gainer data en exeluerrity:
Referral to hospital-based		Yes	If no, consider adding this to track
breastfeeding support group(s)		No	and evaluate referral processes
broadtrodaing support group(s)	_	Do not know	and evaluate reterral processes
Referral to other breastfeeding		Yes	If no, consider adding this to track
support group(s)			and evaluate referral processes
Support group(s)		No Do not know	and evaluate referral processes
Referral to lactation		Do not know	-
consultant(s) - IBCLCs		Yes	
COHOURAIR(S) - IDCLCS		No Do not know	
Defermal to assistant to 44.45		Do not know	-
Referral to outpatient lactation		Yes	
clinic		No	
		Do not know	



Referral to WIC	□ Yes	
	□ No	
	☐ Do not know	
Referral to other community	□ Yes	
resources that can provide	□ No	
breastfeeding support	□ Do not know	
Hospital Setting ONLY		

Criteria	Response	Considerations
How long after the birth/delivery is the	□ Yes	If longer than an hour after birth,
newborn chart created?	□ No	how can this practice be done
	☐ Do not know	quicker to chart more accurate breastfeeding data?
Is the mother's final feeding decision	□ Yes	If no, consider changing this to
documented before their departure from	□ No	document the mother's final
the facility?	□ Do not know	decision.
Is exclusive breastfeeding at discharge	□ Yes	If no, consider adding to assist in
documented?	□ No	evaluating practices and
	□ Do not know	interventions
Are the following practices documented?		
Skin-to-skin	□ Yes	
	□ No	If no consider adding to your EUD
	□ Do not know	If no, consider adding to your EHR to assist in evaluating
Rooming-in	□ Yes	breastfeeding practices
	□ No	breasticeding practices
	☐ Do not know	

#### Additional ideas to improve EHR breastfeeding data collection practices:

•	ona racac to improve in a cache can gradue concerns practices.
	Be able to document different sources of breast milk: mothers' own expressed milk, donor pasteurized human milk, shared human milk
	donor pasteurized numari mink, shared numari mink
	Be able to note and evaluate parent's understanding of the importance of feeding their
	infant human milk, particularly in the case of NICU newborns
	Create a method for the parent to electronically record their own breast milk feeding that
	can be transferred to the EHR

