Donating or Obtaining Breast Milk in Kansas

Human Milk Banks

<u>Human Milk Bank Association of North America (HMBANA)</u> operates a series of non-profit milk banks. Milk banks near Kansas:

- Oklahoma Mothers' Milk Bank, (405) 297-LOVE (5683)
- The Milk Bank (Indiana), (877) 829-7470
- Mother's Milk Bank of Rocky Mountains, (303) 869-1888

Looking for human milk for your child? Complete the online request forms found on the websites of the milk banks listed above.

Wanting to donate your milk? Contact the milk banks list above to be screened as a donor. HMBANA milk banks listed above provide the necessary screening and local blood testing at no cost to the donor.

What is the different between a "milk bank" and a "milk depot"?

A *milk bank* collects, processes, and dispenses donor human milk. Milk banks will pay for the packaging and shipping of donor milk for approved donors. Therefore, the distance between the donor and the milk bank is not important.

A *milk depot* is a controlled collection point where pre-screen donors can drop off their breast milk. Approved donors drop their frozen donor milk at the depot where it is temporarily stored in a deep freezer and shipped to the milk bank for processing. Depots save local parents the time of packaging and shipping their donor milk.

Milk Depots in Kansas can be found HERE (scroll down to near the bottom for Kansas sites)

Peer Milk Sharing

The following social media sites connect individual donors and recipients.

- Human Milk 4 Human Babies https://www.facebook.com/HM4HBKS/
- Eat on Feets https://www.facebook.com/EOFKansas/

Please follow guidelines on peer milk sharing outlined here - <u>Informal Milk Sharing Guidelines</u> to reduce risks from using donor milk through careful screening of the donor and home pasteurization.

NEVER purchase express human milk from an unknown source, on-line or in-person. This guidance is the same for infant formula as well.

