



## Checklist:

# Early Childhood Systems Support for Breastfeeding

- ☐ Review infant feeding policies, guidelines and recommendations to center breastfeeding as the norm for infant feeding.
- ☐ Disseminate breastfeeding information to:
  - Child Care Providers
    - [Breastfeeding Friendly Child Care Provider Toolkit](#)
    - [Breastfeeding Friendly Child Care Designation Application](#)
    - Integrate breastfeeding information into other trainings and conferences
    - FREE online training - "How to Support Breastfeeding Mothers & Families" [Registration information](#)
  - Families
    - [Questions to ask a child care program](#) to determine their support for breastfeeding infants
    - [Listing of "Breastfeeding Friendly Child Care Providers"](#) (scroll down)
    - [Guide](#) to search the Child Care Aware of Kansas online system to find a breastfeeding supportive child care provider or contact the Resource Center at 1.877.678.2548 for assistance with the search
  - Partners – Kansas Breastfeeding Coalition (KBC) [Child Care webpage](#)
  - Follow the KBC on social media (@KSBreastfeeding), retweet/share
  - Newsletter articles available from the KBC upon request – email [info@ksbreastfeeding.org](mailto:info@ksbreastfeeding.org)
- ☐ Internal agency/organization support for:
  - Employees –
    - Review policies during on-boarding/orientation
    - Staff education/trainings
  - Breastfeeding Employees –
    - [Policy template](#) – flexible work options for transitioning back to work with work from home option
    - Door Hanger – [order here](#)
    - "Let's Give Her a Break" Posters ([English](#)/[Spanish](#)/[Somali](#))
    - [Application](#) for "Breastfeeding Employee Support Award"
    - Infant at Work [resources](#)
  - Breastfeeding guests/visitors –
    - [Enroll in Breastfeeding Welcome Here program](#) to display window decals & table tents in public spaces
    - Offer lactation room(s) at conferences & meetings

☐ Child Care Programs:

- Policy Review - integrate breastfeeding into infant feeding policy and parent handbook (see Toolkit)
- Plan and/or place for parents to breastfeed their child onsite that is NOT a restroom
- Centers - [Enroll in Breastfeeding Welcome Here program](#) to display window decals and table tents in public spaces
- Training –
  - Refer to free course at KCCTO (see above) or host an in-person training (contact KBC at [info@ksbreastfeeding.org](mailto:info@ksbreastfeeding.org))
  - Include breastfeeding information in other trainings (CACFP, safe sleep, infant nutrition, infant and toddler development, learning environments), emergency preparedness, etc.) – *see KBC for content*
  - Offer online training options and “off-camera” options during trainings to support breastfeeding students

☐ [Join](#) the Kansas Breastfeeding Coalition Child Care Section to stay informed about breastfeeding in the child care setting (bimonthly online meetings on 2<sup>nd</sup> Wed., 12-1 pm)

- You
- Staff
- Child Care Programs