



Promoting Breastfeeding in Early Childhood Systems Checklist

Nearly 90% of families in Kansas choose to breastfeed. Help align and integrate breastfeeding into everything you do!

This checklist is designed for agencies, organizations, and programs that support child care providers.

- ☐ **Review infant feeding policies, guidelines, and recommendations to ensure breastfeeding is the norm for infant feeding.**

- ☐ **Disseminate breastfeeding information to:**
 - Child Care Providers
 - [Breastfeeding Friendly Child Care Provider Toolkit \(Spanish\)](#)
 - [Breastfeeding Friendly Child Care Designation Application \(Spanish\)](#)
 - Integrate breastfeeding information into other trainings and conferences
 - FREE online training - "How to Support Breastfeeding Mothers & Families" [Registration information](#)
 - Families
 - [Questions to ask a child care program](#) to determine their support for breastfeeding infants
 - [Listing of "Breastfeeding Friendly Child Care Providers"](#)
 - [Guide](#) to search the Child Care Aware of Kansas online system to find a breastfeeding supportive child care provider *or contact the Resource Center at 1.877.678.2548 for assistance with the search*
 - Partners – Kansas Breastfeeding Coalition (KBC) [Child Care webpage](#)
 - Follow the KBC on social media (@KSBreastfeeding), repost/share
 - Newsletter articles available from the KBC upon request – email info@ksbreastfeeding.org

- ☐ **Internal agency/organization support for:**
 - Employees –
 - Review policies during onboarding/orientation
 - Staff education/trainings
 - Breastfeeding Employees –
 - [Policy template](#) – flexible work options for transitioning back to work with work from home option
 - Door Hanger – [order here](#)
 - "Let's Give Her a Break" Posters ([English](#)/[Spanish](#)/[Somali](#))
 - [Application](#) for "Breastfeeding Employee Support Award"
 - Infant at Work [resources](#)
 - Breastfeeding guests/visitors –
 - [Enroll in the Breastfeeding Welcome Here program](#) to display window decals & table tents in public spaces
 - Offer lactation room(s) at conferences & meetings

- ☐ **Join the KBC Child Care Section** to stay informed about breastfeeding in the child care setting (bimonthly online meetings on 3rd Tuesday, 12-1 pm)
 - You
 - Staff
 - Child Care Programs
- ☐ **Child Care Programs:**
 - Policy Review - integrate breastfeeding into infant feeding policy and parent handbook (see Toolkit)
 - Plan and/or place for parents to breastfeed their child onsite that is NOT a restroom
 - Handout for families seeking care - [Questions to ask a child care program](#)
 - Centers - [Enroll in Breastfeeding Welcome Here program](#) to display window decals and table tents in public spaces
 - Training –
 - Refer to the free course at KCCTO (see above) or host an in-person training (contact KBC at info@ksbreastfeeding.org)
 - Include breastfeeding information in other trainings (CACFP, safe sleep, infant nutrition, infant and toddler development, learning environments), emergency preparedness, etc.) – *see KBC for content*
 - Offer online training options and “off-camera” options during trainings to support breastfeeding students
- ☐ **Review this checklist and check for updates on the [KBC Child Care webpage](#) at least every three years.**